



LIFESAVING SOCIETY

The Lifeguarding Experts

ONTARIO LIFESAVING SPORT

May 21, 2019 – Please note the following updates and clarifications for Section 2 of the 2019 Edition of the Ontario Competition Manual:

2.4 UNIFORMS AND EQUIPMENT

Swim caps

Club caps are not required to match. The manikin handler and the line throw release victim shall be wearing a club cap matching their competitor.

2.7 LINE THROW RELEASE

Event description

Note: The victim shall be wearing a club cap matching their competitor.

2.8 MANIKIN CARRY (50 m)

Time penalty/Disqualification

a) Taking assistance from any pool fitting (e.g., lane rope, steps, drains or underwater hockey fittings) when recovering the manikin – not including the bottom of the pool.

2.9 MANIKIN TOW WITH FINS (50 m & 100 m)

Time penalty/Disqualification

a) Taking assistance from any pool fitting (e.g., lane rope, steps, drains or underwater hockey fittings) when fixing the rescue tube to the loop on the lifejacket/around the manikin – not including the bottom of the pool.

i) Not securing the rescue tube around the manikin within the 5 m pick-up zone, judged at the top of the manikin's head. For Junior Lifeguard Games competitors, 11 yr. and under, not securing the rescue tube on the loop on the lifejacket within the 5 m pick-up zone, judged at the top of the manikin's head.

2.17 MANIKIN RELAY (4 x 25 m)

Event description – 100 m short course

k) The competitor must remain on their back or side while carrying the manikin.

FOR MORE INFORMATION

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